

Department of Kinesiology and Recreation Administration

Professional Expectations of Student Behavior

The Department of Kinesiology & Recreation Administration (KRA) evaluates professional behavioral development for all students. KRA also bears a responsibility to the community at large and professional entities to produce fully trained professionals who consciously exhibit the knowledge, values, and skills for allied health and education professions. Given this context, all students in the KRA programs will be expected to exhibit the following Professional Expectations of Student Behavior.

Professional Expectations of Student Behavior:

1. Accountability: Attend class, arrive on time, and return from break in a timely manner.
 - a. Participate in group activities and assignments at a comparable level to peers.
 - b. Complete work in a timely fashion and according to directions provided.
 - c. Come to class prepared, with readings and other homework completed.
2. Respect: Treat all your peers, your instructors and all those you come in contact with, with dignity and respect at all times.
 - a. Listen while others are speaking.
 - b. Give feedback to peers in a constructive manner.
 - c. Approach conflict with peers or instructors in a cooperative manner.
 - d. Use positive and nonjudgmental language.
3. Confidentiality: Treat any personal information that you hear about a peer or client/participant as strictly confidential.
 - a. Maintain any information shared in class, dyads or smaller groups within that unit.
 - b. Use judgment in self-disclosing information of a very personal nature in the classroom. If you feel the need to talk about issues you are struggling with, you may consult your instructor/advisor to receive a referral for counseling or [Counseling and Psychological Services](#) or [Health Center](#).
 - c. Use discretion when using names of clients/participants or disclosing other identifying information in the classroom.
4. Competence: Apply yourself to all your academic pursuits with seriousness and conscientiousness, meeting all deadlines as given by your instructors. Constantly strive to improve your abilities.
 - a. Come to class fully prepared with necessary required materials.
 - b. Seek out appropriate support to ensure success in completing course requirements.
 - c. Take responsibility for the quality of course work.
5. Work toward greater awareness of personal issues that may impede your effectiveness. Integrity: Practice honesty with yourself, your peers, and your instructors. Constantly strive to improve your abilities.
 - a. Commit yourself to learning the rules of citing other's work properly.
 - b. Do your own work and take credit only for your own work.
 - c. Acknowledge areas where improvement is needed.

- d. Accept and benefit from constructive feedback.
- 6. Diversity: Strive to become more open to people, ideas, and creeds that you are not familiar with.
 - a. Maintain speech free of racism, sexism, ableism, heterosexism, or stereotyping.
 - b. Exhibit a willingness to serve diverse groups of persons.
 - c. Demonstrate an understanding of how values and culture interact.
- 7. Communication: Develop verbal and written communication skills.
 - a. Demonstrate assertive communication with peers and instructors.
 - b. Practice positive, constructive, respectful and professional communications skills with clients/participants, peers and instructor: (body language, empathy, listening)

The Department of Kinesiology & Recreation Administration requires that students adhere to the Humboldt State University [Code of Conduct and Student Discipline](#) (p. 35, Humboldt State University 2013-14 Catalog).

I have read and understand this statement of Professional Expectations of Student Behavior.

Printed Name: _____ **Signature:** _____

Date: _____

Updated: 8/18/13